

29 & 30 June 2019

In Partnership with

Singapore Shoulder and Elbow Society

# **Course Details**

Day 1 - 29 June (Lecture & Surgery Demo)

Khoo Teck Puat Hospital (KTPH) Auditorium, Tower B, Level 1

Day 2 - 30 June (Practical)

The Academia @SGH 20 College Road, Singapore 169856. The Academia, Basement 1, Procedure Skill Lab 1B& 1C



## **Course Director**



Adjunct Assistant Professor Tan Chung Hui James Head of Department, Senior Consultant Department of Orthopaedic Surgery & Sports Medicine Centre Khoo Teck Puat Hospital

## **Deputy Course Director**



#### Dr. Teo Wei Wen Timothy

Consultant Department of Orthopaedic Surgery & Sports Medicine Centre Khoo Teck Puat Hospital



## **Overseas Faculty**



#### **Associate Professor Teruhisa MIHATA**

Director, Shoulder and Elbow Surgery Director, Sports Medicine Director, Biomechanics laboratory Osaka Medical College Japan



### Associate Professor Jae Chul YOO

Secretary General, Korean Shoulder & Elbow society (KSES) Professor Shoulder & Sports Medicine Department of Orthopaedic Surgery Samsung Medical Center Seoul, South Korea



Associate Professor Dr. Med. Bancha CHERNCHUJIT Head of Department Department of Orthopaedic Surgery Thammasart University Hospital Thailand



# **Local Faculty**



Adjunct Associate Professor LEE Keng Thiam Head of Department, Senior Consultant Department of Orthopaedic Surgery Tan Tock Seng Hospital



Adjunct Assistant Professor ONG Kee Leong Senior Consultant Department Orthopaedic Surgery Changi General Hospital



Assistant Professor Ruben MANOHARA Consultant, Division of Musculoskeletal Trauma Consultant, Division of Shoulder and Elbow Surgery Department of Orthopaedic Surgery National University Hospital



# **Local Faculty**



**Dr. Eileen TAY** Director, Shoulder & Elbow Service Consultant, Department of Orthopaedic Surgery Ng Teng Fong General Hospital



**Dr. CHEW Chee Ping** Consultant Department of Orthopaedic Surgery Sengkang General Hospital



**Dr. KUO Chung-Liang Thomas** Consultant Department of Orthopaedic Surgery Changi General Hospital



# Programme



#### Program

#### Day 1: 29 June 2019 Saturday

Time (hrs)	Schedule	Speaker	Venue
0730 to 0800	Registration		KPTH Learning Foyer Tower B Level 1 Learning Centre
0800 to 0815	Welcome Address	James <b>TAN</b>	Auditorium
0815 to 0915	Session 1 Basic Science, role of biologics and adjunct procedures	Moderator Thomas KUO	
	Natural history of rotator cuff tear	Timothy <b>TEO</b>	
	• Outcome of rotator cuff tear repair: Are we getting better?	Kee Leong ONG	
	The role of biologic augmentation in rotator cuff repair in 2019	Chee Ping CHEW	
	Suprascapular nerve decompression	Jae Chul <b>YOO</b>	
	Adhesive capsulitis and rotator cuff tear	Eileen TAY	
	Questions and Answers Session		
0915 to 1000	Session 2 Subscapularis and partial thickness Supraspinatus tears	Moderator Eileen TAY	
	Diagnostic and surgical approach to     Subscapularis tears	Jae Chul <b>YOO</b>	
	Approach to bursal-sided Supraspinatus tears	Keng Thiam LEE	
	Strategy for treating PASTA lesions	James TAN	
	Partial-thickness Rotator Cuff Tears in University Baseball Player	Teruhisa <b>MIHATA</b>	
	Questions and Answers Session		



#### Program

#### Day 1: 29 June 2019 Saturday

Time (hrs)	Schedule	Speaker	Venue
1000 to 1030	Tea Break		Learning
			Centre
			Foyer
1030 to 1130	Session 3	Moderator	Auditorium
	Medium and Large tears	Kee Leong ONG	
	-	C C	
	Single row versus double row repair	Jae Chul <b>YOO</b>	
	Managing poor tissue and bone quality	Keng Thiam LEE	
		0	
	Superior capsule reconstruction for	Teruhisa <b>MIHATA</b>	
	reinforcement of arthroscopic rotator		
	cuff repair		
	Revision repair of rotator cuff repair	Bancha CHERNCHUJIT	
	Questions and Answers Session		
1130-1230	Lunch		Learning
			Centre
			Foyer
			-
1230-1330	LIVE DEMO 1:	Moderator	Auditorium
	Repair of massive cuff tear	Jae Chul <b>YOO</b>	
	Instructor: Bancha CHERNCHUJIT		
1330-1500	Canalan A	Moderator	
	Session 4	Moderator	Auditorium
	Massive and Irreparable Cuff Tear	Timothy TEO	Auditorium
			Auditorium
			Auditorium
	Massive and Irreparable Cuff Tear	Timothy <b>TEO</b>	Auditorium
	Massive and Irreparable Cuff Tear     Defining massive tears and	Timothy <b>TEO</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b>	Auditorium
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	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> <li>Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years' experience</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b> Bancha <b>CHERNCHUJIT</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> <li>Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years' experience</li> <li>Reconstructing the superior capsule</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b> Bancha <b>CHERNCHUJIT</b> Teruhisa <b>MIHATA</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> <li>Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years' experience</li> <li>Reconstructing the superior capsule using the biceps tendon</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b> Bancha <b>CHERNCHUJIT</b> Teruhisa <b>MIHATA</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> <li>Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years' experience</li> <li>Reconstructing the superior capsule using the biceps tendon</li> <li>Emerging role of the subacromial</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b> Bancha <b>CHERNCHUJIT</b> Teruhisa <b>MIHATA</b> Bancha <b>CHERNCHUJIT</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> <li>Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years' experience</li> <li>Reconstructing the superior capsule using the biceps tendon</li> <li>Emerging role of the subacromial spacer</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b> Bancha <b>CHERNCHUJIT</b> Teruhisa <b>MIHATA</b> Bancha <b>CHERNCHUJIT</b> Ruben <b>MANOHARA</b>	Auditorium
	<ul> <li>Massive and Irreparable Cuff Tear</li> <li>Defining massive tears and irreparability: are we in agreement?</li> <li>My approach to massive antero- superior and postero-superior tears</li> <li>Superior capsule reconstruction for irreparable rotator cuff tears: what I learned from more than 10 years' experience</li> <li>Reconstructing the superior capsule using the biceps tendon</li> <li>Emerging role of the subacromial</li> </ul>	Timothy <b>TEO</b> Chee Ping <b>CHEW</b> Bancha <b>CHERNCHUJIT</b> Teruhisa <b>MIHATA</b> Bancha <b>CHERNCHUJIT</b>	Auditorium



#### Program

#### Day 1: 29 June 2019 Saturday

Time (hrs)	Schedule	Speaker	Venue
1500- 1530	Tea Break		Learning Centre
			Foyer
1530- 1630	LIVE DEMO 2:	Moderator	Auditorium
	Superior Capsule Reconstruction with fascia	Bancha CHERNCHUJIT	
	lata		
	Instructor: Teruhisa <b>MIHATA</b>		
1630-1715	Session 5	Moderator	Auditorium
	Cuff Tear Arthropathy and Reverse	James TAN	
	Shoulder Arthroplasty		
	• Tips and tricks on improving surgical	Ruben MANOHARA	
	outcome		
	Combined SCR and anatomical TSA	Teruhisa <b>MIHATA</b>	
	as an alternative to RSA		
	Complications of RSA and how to	Bancha CHERNCHUJIT	
	avoid them		
	RSA: Current status and future	Jae Chul YOO	
	challenges		
	Questions and Answer Session		
1715- 1730	Closing Remarks	James TAN	Auditorium
	Group Photo		Promenade (Lake)
1730-1900	Pre-Course Dinner Refreshment	Faculty and full course	
		participants	
1900- 2200	Course Dinner	Faculty & full Course	
		Participants	



#### Program

#### Day 2: 30 June 2019 Sunday

Time (hrs)	Schedule	Speaker	Venue
0740 to 0830	Registration Introduction to CONMED and Exactech products		SGH- The Academia Lab Reception Level B1
0830-0900	DEMO 1: Double row rotator cuff repair	Chief Instructor: James TAN	Wet Lab
0900- 1000	Practical 1 Double row rotator cuff repair	Station Instructors	
1000-1030	Tea Break		Lab Reception
1030-1100	DEMO 2: Inspace	Chief Instructor: Ruben MANOHARA	Wet Lab
1100-1130	Practical 2 Inspace	Station Instructors	
1130-1200	<b>Practical 3a</b> Preparing fascia lata graft for SCR	Quick Refresher Teruhisa <b>MIHATA</b>	
1200-1230	Lunch		Lab Reception
1230-1400	Practical 3b Superior Capsule Reconstruction	Station Instructors	Wet Lab



#### Program

Day 2: 30 June 2019 Sunday

Time (hrs)	Schedule	Speaker	Venue
1400-1430	<b>DEMO\ 3:</b> Reverse shoulder arthroplasty	<b>Chief</b> Instructor: Jae Chul <b>YOO</b>	
1400-1430	<b>DEMO 3:</b> Reverse shoulder arthroplasty	Chief Instructor: Jae Chul YOO	
1430-1500	Tea Break		Lab Reception
1500- 1630	Practical 4 Reverse shoulder arthroplasty	Station Instructors	Wet Lab
1630- 1700	Closing Remark Certificates and Gifts Presentation	ALL	



## **Direction Map**

#### Day 1 (Lecture ) 29 June 2019, Saturday

Khoo Teck Puat Hospital (KTPH) Auditorium, Learning Centre, Tower B, Level 1.

#### Day 2 (Practical) 30 June 2019, Sunday

The Academia @SGH 20 College Road, Singapore 169856. The Academia, Basement 1, Procedure Skill Lab 1B& 1C.



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#### If you are driving:

Please note that there are no parking facilities within the building premises. Kindly refer to the following alternative public parking locations.

Car Parks	Location
Macalister Rd Car Park H	End of MacAlister Road. Both Multi-storey Carpark and Open Space Carpark are located behind Ministry of Health (Car Park H)
NHCS Car Park	Basement 1, 2 & 3, National Heart Centre Singapore
HPB Car Park	Basement Carpark at Health Promotion Board
Car Park B	Opposite National Cancer Centre Singapore (under URA)
MOH Car Park	Behind Ministry of Health (MOH), public parking after 6pm, Mon to Fr and weekends (Car Park F)
Bowyer Block Car Park* (Valet)	In front of Bowyer Block (Beside Block 4) (Car Park C)
DMC Car Park* (Valet)	Behind Diabetes & Metabolism Centre (Car Park I)

\*Carpark I & part of carpark C are designated as Valet Parking (weekdays 8am to 6pm), a \$3 fee will apply for Valet Parking Services. The normal parking fees apply on top of the valet parking fees.

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